

# The Aleph-Tav Body

**An Appeal to Tirzah  
and my fellow brethren in Montezuma  
from a brother in Christ, George Young**

## A Spirit-Led Discussion

I don't think it was a coincidence that I was at Kountry last Saturday morning (2/22/26). I was installing a new sound system in my car and went to the store to buy some hardware. Richard was helping me when he excitedly said, "Hey, I want to introduce you to someone!" Frankly, I didn't want to meet anyone then being I was unshowered and dressed down, but Richard seemed excited and I considered maybe the Spirit was leading, so I followed him upstairs to meet Tirzah, a woman he let set up shop with what he called a "natural, herbal" business. As we were introduced I looked into her face and stepped forward, stumbling over the threshold of the step going down into her shop. Then, as I looked around I sensed immediately a familiar spirit from my past. Richard left us together and we talked for about an hour. I asked her questions about her bioenergetic scanning machine and where she got her techniques from. I learned over the course of the conversation that what I sensed was true, that she had brought New Age to Montezuma.

Brethren, I liken myself to a watchman on the wall. By that I mean, like in ancient times, night watchmen stood guard on the walls of a city ready to sound the trumpet when they saw the enemy coming, or when they saw an enemy had infiltrated the gates. Being trained in the knowledge of the occult and being led out of it by Christ, I am uniquely positioned in Montezuma to look for the presence of anti-Christian spiritual influences. This is part of the reason God sent me here, to look out for my brethren.

I called Daniel Sunday afternoon to talk about Tirzah. He said just 10 minutes prior was talking with his wife, Rachel, about her. They both were concerned whether her methods were godly or not. Rachel said she wished someone would look into her methods. I told him just yesterday I had a conversation with her that gave me great concern. Two things she said stuck with me and helped me to see the heart and spirit behind her chosen path.

1. When I mentioned Jewish mysticism, she perked right up and said, "Now you're speaking my language!" Jewish mysticism is not acceptable in Christianity.

2. She mentioned David's secret chord in the course of a conversation related to how she believes Hebrew ties to the energy and structure of creation. We were sitting in front of an Aleph-Tav poster mapping Hebrew letters to points on the body.

I'd like to address both of these statements by elaborating on their connections to the occult.

Also, I'd like to add that Saturday afternoon the Spirit said these words to me, which I was to offer to Richard: "Remove the high places." The high places were worship sites erected on mountains where the Israelites performed pagan rituals. They are also symbols of pride. When people go outside of God's authority and begin committing harlotry with the ways of the world, they are exercising the same kind of pride Satan brought into the Garden of Eden.

The thing that I can't quite understand is how sincere Christians who pray and ask God for guidance can be led astray. We all are susceptible to it. I would hope God would keep His people hedged, but how are we ever going to learn and grow if we are not allowed to be tested, to exercise our free will and learn hard lessons? It is a question I don't have the answer to, but I also understand God is merciful and longsuffering. He bore with me all the years I wandered astray into the occult, but eventually He brought me back to Him. I did have to go through a bit of "hell" first, though.

One thing I've learned in my walk of faith is that God has a heart of consolation towards us in our works. We have done many things in our given dominion that He never originally intended for us, but He has given us grace and mercy in them. One example I can think of is when Christ said, "Moses allowed you to divorce your wives because of the hardness of your hearts, but it was not so from the beginning." There are many such "consolations," for lack of a better word, that God has extended to us, but let us not take advantage of His generosity. Let's remember what was so "from the beginning," that is the simple Word, Who is our connection to God. Who, not what. I'll explain what I mean by that through this writing.

## Sabbath Rest

Christ said, "The Sabbath was made for man, not man for the Sabbath." What does that mean?

Notice that the first 6 days of creation establish a pattern:

"And God said..."

"And the evening and the morning were the first day..."

But that pattern is broken on the 7<sup>th</sup> day, the sabbath. The absence of this pattern reveals something very important. Man was the last thing created on the 6<sup>th</sup> day. What was the first thing Adam did after he was created? He entered the sabbath day. He was made to enter into rest with God *first* before doing any work. If there is any pattern to be gleaned from the Bible it is this, that Adam first laid down his own will and entered into a personal relationship with God. Only then, when day 1 came around did he begin

any work. This is pattern is meant to inform us of where our hearts should be. We first learn from God. Then we do according to what He has trained us in.

I am setting forth a case that the Aleph-Tav system is not something God trained man in, but it is a man-made system trying to attribute the power of God to a place where it is not meant to be found. It echoes the lie of the devil in the garden that if we eat the fruit of the tree of the knowledge of good and evil that we will be like God, and we surely will not die. Eating the fruit was the act of woman submitting to this lie, because Eve was deceived, but Adam wasn't. Adam, not being deceived, chose to eat. There is only one reason I can think of why he would do that. He did it because he loved his wife. Here we see the first act of man defining love for himself. It is important to see how the motivations of our first father and mother influence us to this very day. We are genetically inclined to follow in their footsteps. It is why the Spirit is in opposition to the world. Humanity has decided to define for itself what is right and wrong, and seeks to find God in His creation rather than through Him. People contrive from their discoveries. They take what God has given us and form it into a graven image of their own understanding.

If God did not speak the 7<sup>th</sup> day into existence, and that is the day that we are brought into, then is sound, energy and vibration the intended foundation of our existence? Or is it the Spirit that breathed life into us and made us a living soul? Is it walking in the Garden with Him and eating from the Tree of Life, who is Christ? Is it choosing Him over ourselves and the things we love about life?

Yes, it is evident that the act of creation was God speaking, which might be interpreted as sound/vibration, but we must also realize that all of creation is a *parable* of Him. Sound and vibration are ways that we can see, hear and feel. These senses are given for us to marvel at His unknowable majesty. The stars in the sky and the vastness of space are meant to display His unfathomable power. The design of the human body is meant to illustrate His creativity and artistry, far beyond what we can know, but yet we have the gifts of science, art, music and language as a reflection of the infinite. They are meant to lift our eyes upwards to Him, not to set our eyes on the earth for answers. We don't find Him in the dust of the earth. We don't find Him in the wind or in the sky. We find Him in our souls when we have submitted to His Son and followed the path that He laid for us by the example He lived on this earth. Nowhere in that example is there an esoteric system of empowerment and alignment.

Proverbs says, "It is the glory of God to conceal a matter and the glory of kings to search a matter out." This is the essence of true science. We discover what God has embedded in creation. Yes, I can see how it is a gift for us to be creators ourselves in a sense. I'm not a Luddite who shuns all technology. My job is in technology, but I recognize the heart behind the works of man's hands and far too often, even in Christians, I find the heart of man is led to innovate outside of the leading of the Spirit of God. Let us not reach further than God wants us to reach, to be obsessed with progress at the cost of our own souls. To want so badly to do good that we are blinded to evil that disguises itself as righteousness. Although it is not a Psalm or a Proverb, I do believe the popular saying, "The road to Hell is paved with good intentions."

## David's "Secret" Chord

Now let me address some of the topics Tirzah touched on in our conversation. The first I'd like to expose is the concept of David's "secret chord," because, although this is not explicitly part of the Aleph-Tav Body system, it is an influence on her philosophy and is a good gateway leading into other questionable ideologies contained in her methods. It also reveals the syncretist spirit behind the path she has chosen.

If you have never heard of it, there is a lyric in a song called *Hallelujah* written by a famous musician named Leonard Cohen. This song has been embraced by many Christians even though it has some obviously questionable content in the lyrics, however I want to hone in on one line: "I heard there was a secret chord that David played and it pleased the Lord." Many people in esoteric and occult circles latched onto this idea and ran with it, claiming David had secret Divine knowledge that we might be able to uncover and use. I'll go into more detail later about the ancient sources of this line of thought, but for now let's keep it simple and biblical.

In the Bible music, in the case of David, is associated with:

- Prophetic atmosphere (see 1 Samuel 10).
- Relief from spiritual distress (1 Samuel 16).
- Worship and praise.

But there is no biblical teaching that:

- Specific music theory or frequencies control or take advantage of spiritual or energetic forces.
- Harmonic formulas unlock divine favor or communication.
- Sound structures grant mystical power or connection to God.

The power of David's music is attributed to God's Spirit — not to technique. This pattern is seen throughout Scripture. So where does the idea come from that David knew something that was lost over time? It's very common in Gnosticism and various occult circles to claim that we were once better than we are now and can return to a better existence by obtaining lost or hidden knowledge. Mystical interpretation is present in every religion in the world, even Christianity. Some have gone to great lengths to superimpose these kinds of Gnostic ideas onto the Bible through cherry picking and eisegesis (the process of interpreting text in such a way as to introduce one's own presuppositions, agendas or biases).

The fallacy behind the idea of David's "Lost Chord" occurs with this kind of thought process:

- God's sacred name contains power because...
- He spoke creation into existence through sound energy/vibration.

- This energy embedded a sacred pattern in the structure of creation, therefore...
- The language God spoke must have been Hebrew because of apparent patterns and symbols in the Torah, and since...
- Sound energy is linked to mathematics the Hebrew alphabet can be linked to numbers that have sacred meanings, therefore...
- David's music contained the sacred sound of God through creation, and if David had such knowledge then...
- We can have such knowledge.

Then these leaps of faith got merged into operative systems for mystical rituals and practices.

## Greek Harmonic Cosmology

In the Judeo-Greco-Roman world, long before Christ was incarnated, there was Pythagorean harmonic theory (circa 500BC), which linked music, mathematics and cosmology by saying the numerical and geometric relationships in music and math reflect the structure of the cosmos. Later, this "Music of the spheres" was developed further by Johannes Kepler, a Protestant Lutheran who expanded on Pythagorean and Platonic concepts around 1600AD. He claimed planetary alignments emit sound which influences the conditions on earth. Kepler studied both astronomy and astrology as a way of "thinking God's thoughts after Him." In a blend of biblical faith and Platonism, he asserted that God created the world according to number, weight and measure. He practiced what he called "natural astrology" (as opposed to "superstitious astrology"). He hypothesized that planetary alignments influenced weather, human temperament and broad social trends. He even consulted with royalty on such matters for pay. Although he did reject the use in "magical" ways, he used them in what he considered acceptable ways, as seen in the patterns divined from nature and math.

"Kepler also incorporated religious arguments and reasoning into his work, motivated by the religious conviction and belief that God had created the world according to an intelligible plan that is *accessible* through the natural light of reason."

- Wikipedia [https://en.wikipedia.org/wiki/Johannes\\_Kepler](https://en.wikipedia.org/wiki/Johannes_Kepler)

This was a man who greatly influenced modern science, especially Isaac Newton, who was obsessed with alchemy (turning lead into gold and other physical or spiritual transformations). According to believers of Kepler's line of thought, these are mathematical ratios structuring the cosmos. Here, sound is not just art or a reflection of the Divine — it is ontological and primordial structure that is accessible for use.

- Ontology: a branch of metaphysics concerned with the nature and relations of being.
- Primordial: relating to what was first created.

Back in the first century, when Christianity arose in the Hellenistic world, similar Platonic and Pythagorean philosophical ideas circulated alongside biblical texts giving rise to various types of Christian Gnosticism. There were primarily two streams existing side by side:

- Hebrew worship tradition, which was dividing off into Christian theology
- Greek philosophy, including harmonic metaphysics

People started blending them, an act called syncretism. Over time ideas blended into various forms, most notably in Medieval times, the Renaissance and the 1800s, and of course, the post-industrial world, where knowledge increased exponentially.

## **Medieval Christian Speculation**

In certain medieval theologies, especially those experimenting with alchemy and heavily influenced by Gnosticism, some Christians were further influenced by a resurgence in the philosophies of Plato, called Neoplatonism. They taught:

- God creates through the Logos.
- Creation has mathematical order.
- Harmony reflects divine structure.
- Music mirrors heavenly order.

## **Renaissance & Occult Hermeticism**

In Renaissance Europe:

- Hermetic texts again gain a renewed influence and a new iteration of syncretism emerges.
- Kabbalah is reinterpreted through Christian mysticism.
- Astrology, number mysticism (numerology/gematria), and harmonic cosmology blend.

At this stage the previous syncretization becomes operative metaphysics. Now sacred music is framed as:

- Frequency alignment
- Vibrational correction
- Sonic access to structure

## Modern New Age Amplification

Fast-forward to the 20th century:

- “Vibrational universe” language spreads, especially after the late 60’s and early 70’s hippy and counterculture movements. This is where New Age really took root in mass culture, blending various forms of esoteric and occult thought into ad-hoc philosophies which branched out into many various forms, some with a Christian veneer. Nikola Tesla, the man who brought polyphase alternating current to the world, transforming our electrical capabilities worldwide, and who was raised a Christian but walked away from the faith early in life, expressed that Vedic Philosophy was the only religion that matched science.
- Quantum metaphors get misapplied in the wake of Einstein’s Theory of Relativity and his quest for a Theory of Everything, which seemed to mimic some ideas from Indian Vedic Philosophy, namely claims there was a more naturally advanced culture tens or even hundreds of thousands of years ago. It says this culture had special knowledge of how everything is connected at the atomic level. New Age culture began to speculate that if they knew how to plug themselves into the wheel-work of the universe then we can rediscover it. Modern scientific hypotheses and theories influenced by this line of thinking are the Higgs Boson, Quantum Entanglement, Black Matter, Dark Energy, Black Holes and Wormholes as portals through space-time, String Theory and the Multiverse.
- Frequency healing culture develops alternative medicine, along with “God Tuning” (tuning the A note of musical instruments to 432Hz instead of 444Hz) and even mainstream medical science to a degree. Cymatics, the study of the effects sound has on matter, becomes popularized, furthering the expansion of vibrational healing theories and New Age practices.

It’s at this time David becomes the ancient example of “frequency healing.” No historical source required. The archetype is enough.

Leonard Cohen writes a popular song containing lyrics about David’s “secret chord” and it has a massive effect on Jewish and Christian thought, particularly those already susceptible to New Age ideas. This is **retrofitting** (the addition of new technology or features to older systems) taken from a pop culture icon and applied to existing religio-philosophical systems as new information. This is how syncretism has worked since the Fall.

I find it depressingly fascinating that millions of Christians adore a song just because it has the word *Hallelujah*. It reveals just how undiscerning most Christians are. The lyrics of that song are more than subtly sexual and portrays an ungodly meaning behind hallelujah, focused on complications related to the pleasures of the flesh rather than praise to God. Further, it displays a sort of apathy towards God.

You say I took the name in vain, *I don't even know the name*, But if I did, well, really, what's it to you?

There's a blaze of light in every word, It doesn't matter which you heard, The holy or the broken Hallelujah.

That's not the Word I hear when I think of David's music or any of the psalms he wrote. It sounds like Cohen's justifying every word as Divine, whether it inspires a holy or broken Hallelujah. It carries a heavy Kabbalistic/Gnostic connotation to me, that every word contains a blaze of light, like the divine sparks in Kabbalistic emanations. Cohen continues with:

And even though it all went wrong , I'll stand before the Lord of Song, With nothing on my tongue but Hallelujah

OK, well that seems to redeem the song, right? But if he doesn't know the name of the God he is standing before, and if he doesn't think it matters if you hear the broken or the holy Hallelujah, then who is this Lord of Song he is referring to? It can't be Yahweh or Yahshua (Jesus) because the lyrics are not fitting. They are ambiguous and God is not the author of this kind of confusion. It sounds more like he made his own God. As a misguided musician of course he would worship the "Lord of Song." What I hear in the heart of his lyrics is a rejection of the One true God and sentiment similar to pantheism or chaos magick, which states God is in everything, that every act, whether good or bad, adds energy and experience to the cosmos, which ultimately is a good thing. That doesn't sound anything like a song Christians should be endorsing.

## **A Note on Vedic Philosophy**

Occultists often point out how Vedic philosophy (the foundation of Hinduism) echoes John 1. Brahman, the Hindu equivalent of Heaven (for lack of comparison), is identified with sacred sound. For example, in the Shatapatha Brahmana, we find the text:

In the beginning was Prajapati (Lord of creatures).

With Him was the Word (Vāc).

This is often cited as evidence for vibrational creation because of the structural similarity to John 1 and both texts attribute creative power to a being called the Word. A Christian might hear this and be swayed into combining aspects of Vedic philosophy with Christianity, fall into apostasy and develop a new line of religio-philosophical thought. This is exactly what happens time and again when people become distracted from the truth of the Gospel. Sure, there are many amazing and profound things God can teach us to better understand Him, but at some point it can become an addiction. Then you turn what is pure and good into idolatry.

Again, yes, it is clear that God spoke creation into existence, but I've already addressed how we can err in taking that knowledge too far.

# Gematria and the Divine Name

Below is a poster that Tirzah has hanging on the wall upstairs inside Kountry.

## Aleph-Tav Body System: Life Formation Messengers

Hebrew Command Center Locations with Cycles and Pulses

**1st Cycle: LFM 1-4** - electrical sensation, buzzing or jittery, can feel sticky  
**2nd Cycle: LFM 5-15** - dull or lifeless beat, boom, dull, no reverberation, flat and hard  
**3rd Cycle: LFM 16-22** - puffed up balloon, a full feeling, can also feel soft and delicate  
**4th Cycle: LFM 23** - water flowing over pebbles, shaking, jerking, trembling  
**5th Cycle: LFM 24-26** - a strong heartbeat, any beat with reverberation, a bass drum  
**6th Cycle: LFM 27** - fluff with tone, like a cloud with a pulse  
**7th Cycle: no LFM** - echad (unity), one pulse everywhere, like fluff with tone

**3rd → 5th → 1st → 2nd → 4th → 6th → 7th**

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There are 27 total points, however there is an emphasis on 26 *active* points in the Aleph-Tav Body system. They very likely tie symbolically to the numerical value of the divine name (YHWH = 26) in Hebrew gematria (a kind of numerology):

Yod (י) =	10
Heh (ה) =	5
Vav (ו) =	6
Heh (ה) =	5
<hr/>	
Total =	<b>26</b>

In Jewish mysticism, 26 is symbolically associated with:

- The covenant name of God (YHWH)
- Divine presence
- Creative power

ATB appears to take the Divine Name (26)



Map that symbolically onto the human body



Present body as a “Temple” reflecting divine structure

This is theological symbolism converted into energetic anatomy, not divine inspiration.

You might protest that there are 27 distinct written characters, not 26. This is because there is one “inactive point” that represents unity, oneness or what practitioners refer to as a “field state.” It is described as “one pulse everywhere,” which not only represents the unity of the whole body of an individual but of non-local integration with other people as well as creation. Some are compelled to conclude it also is unity with God. This appears to echo the idea of the “Unified Field Theory” which spawned in New Age circles from the aforementioned Einsteinian *Theory of Everything*. It is conceptually similar to the chakra system in Hinduism that uses a “crown” state beyond localized points that aren’t directly accessible but shared.

The ATB system is using all 22 characters of the Hebrew alphabet + 5 “final forms,” which, according to Hebrew linguistics, are letters that change shape when they appear at the end of a word. Each letter/point is related to a frequency in the sound spectrum and subsequently assigned a meaning. This is an interpretive system, much like how divination often uses patterns in rune stones, bones, tea leaves and animal trails scattered on the ground to glean meaning. It is similar to Tarot cards, where archetypes are illustrated into an organized set and psychological or spiritual meanings are given to them. In combination they supposedly make up a message from the spiritual realm. In this case, Aleph-Tav

practitioners are essentially communicating with what they believe is God through His created framework. Although some may deny this, it is proven by the fact that they call these letters/points “Life Formation Messengers.” Messengers in Greek are *angelos*, and in Hebrew are *malaki*. These words are most often translated in the English language as “angels.” As far as I can see in Christian doctrine we aren’t supposed to seek hidden knowledge from heavenly angels. I don’t see anything like this in any early Christian churches or practices or doctrine. I do, however, see warnings against similar Gnostic and syncretistic practices, both in the Bible and the writings of early church fathers.

There is a passage in the Bible that describes angels who were given duties on earth but became enamored with the daughters of men, giving birth to giants, like Goliath. The Book of Enoch, a book that is not canonical and one I don’t put much stock in, does expound on this event in one compelling way I am inclined to believe. It says these angels also brought forbidden knowledge to mankind. This might be true, it might not, but I can certainly attest to the fact that demonic forces do try to bring us knowledge and ideas that are ungodly. It seems very likely that if fallen angels would take earthly women, and they are endowed with an understanding of the heavenly realm that we are not attuned or privy to, it makes sense they would also share these things with men.

Now, does God use numbers to speak to us? Sure, I could see that, just like any other symbol or event, but is there a system He embedded in creation to communicate with Him (i.e. Hebrew being a path to the living Word) or to align with His Spirit for better living? No, that is akin to divination:

1. the art or practice that seeks to foresee or foretell future events or discover hidden knowledge usually by the interpretation of omens or by the aid of supernatural powers
2. unusual insight : intuitive perception

To be clear, divination is not bad if it comes from God because our God is supernatural. The Bible also says, “It is the glory of God to conceal a matter and the glory of kings to search a matter out.” The key is that our knowledge should come directly from God, not through a man-made system based on the patterns we see in His design. The prophets and apostles never used such systems. Their inspiration came directly from God and His Spirit through personal relationship and revelation.

The patterns found in nature are not the power of God. They *point* to God. They *remind* us that everything was designed and created by the great Artist that He is. They instruct us to seek Him *directly*, not through His creation.

We have to be careful not to create a system of divination that supposedly communicates with God based on the Hebrew alphabet.

“The creation was subjected to futility... Not only that, but we ourselves, who have the firstfruits of the Spirit, groan inwardly as we wait eagerly for our adoption as sons, the redemption of our bodies.” (Romans 8:20, 23)

We are called to operate by the law of the Spirit (Romans 8:2), not the law of the letter, which kills (2 Corinthians 3:6).

## How Hebrew Letters Are Being Reinterpreted in ATB

Similar to ATB, in ancient Jewish mysticism, there is the *Sefer Yetzirah* (the "Book of Creation"), the earliest extant book of Jewish esotericism. This short, enigmatic book describes how God supposedly created the universe through "32 secret paths of wisdom," composed of the 22 letters of the Hebrew alphabet plus the ten "sefirot," which in this early period refer simply to "numbers," but allude to metaphysical principles. It is the direct inspiration for a later Jewish mystical teaching called the Kabbalah. The origin of the text is unknown and debated. Some attribute its origin to Abraham the patriarch, who claim he received Divine revelation and knowledge from Noah, who received it from Adam. Others attribute the book to R. Akiva, who, according to the Babylonian Talmud, engaged in mystical activities. The book describes:

- 22 Hebrew letters
- 3 "mother" letters
- 7 "double" letters
- 12 "simple" letters

The Kabbalah later assigns them to:

- Elements (fire, water, air)
- Planets
- Zodiac signs
- Directions
- Parts of the human body

Hebrew letters become:

- Creative archetypes
- Structural principles of reality
- Cosmological categories

Do you see the similarities to ATB in the evolution of thought? Granted, these archetypes were not yet, as in ATB mixing with energy systems:

- Measurable electromagnetic frequencies
- Diagnostic tools

- Clinical organ regulators

ATB later expands and shifts the framework like this:

<b>Traditional View</b>	<b>ATB Reinterpretation</b>
Letters structure creation	Letters emit frequencies
Letters symbolize metaphysical forces	Letters correspond to bioelectromagnetic points
Letters are meditated upon	Letters are “activated” or corrected
Symbolic correspondences	Anatomical energetic nodes

This is a move from **symbolic metaphysics** and **meditative pathworking** to **applied frequency physiology**. The shift itself does not come from Jewish sources, but New Age, even if the application of Hebrew letters clearly draws from the Sefer Yetzirah. In syncretism there is usually loose evidence of a pre-existing ideology which clearly inspires a new ideology, even if it is systematically different. In this case the source is Jewish mysticism, but the shift comes from modern alternative/energy medicine. The correlation of the core ideas are clear, though, that the Hebrew language contains the framework for all of creation and can be interpreted/applied to life.

## Parallels in New Age & Occult Systems

There are several very clear parallels between Aleph-Tav and non-Christian religious practices.

### Chakra Systems and ATB

In Hindu tantra:

- 7 energy centers
- Each linked to qualities
- Each affects physiology and can be balanced
- Each influences organs and emotions

ATB structure:

- 26 energy points
- Each linked to categorical meanings and messages
- Each affects physiology and can be aligned
- Each can correct emotional and physical health

There are several structural similarities even if the cultural packaging is different. The core idea is exactly

the same, though, as it is with pretty much every mystical energy system I can think of.

## Hermetic Order of the Golden Dawn

They:

- Took Jewish mystical symbols
- Wired them into the anatomy of the human body
- Linked letters to body centers
- Created pathworking diagrams used to invent self improvement techniques

This is where:

“Jewish symbolism + energetic body” really accelerates in Western occultism and progressively begins looking more like innocuous self-help instruction into the 20<sup>th</sup> and 21<sup>st</sup> centuries.

ATB does something conceptually almost identical and structurally similar but:

- Removes overt occult branding (like the sephirot of the Kaballah)
- Uses Judeo-Christian language to redirect attention to the Torah and to the Word (Christ)
- Frames it as natural healing science

## Bioresonance & Frequency Medicine

Modern alternative medicine/energy systems claim:

- Organs contain or emit frequencies
- Illness is frequency distortion (or “dis-ease”)
- Symbols, sounds, or remedies restore balance

ATB overlays Hebrew letters into that framework. It’s essentially:

Hebrew Roots + Frequency healing model + Christ

## Qest4

Qest4, the bioenergetic testing system that Tirzah uses, does not provide any useful data objectively. It provides data based on pre-written modules installed from a library created by anyone who claims to be an expert on any given subject, be it medical (traditional or alternative) or spiritual. It is primed for pseudo-scientific exploitation. On the next page is a sample of some of the modules you can install into a Qest4 device, including auras, chakras, Chinese five elements (fire, water, metal, earth, wood) and acupuncture (you pick your poison):

## Homeopathic Models

- Flower Essences
- Cell Salt signatures
- Constitutional Resonance
- Homeopathic Similium – around 1000 signatures
- Miasms
- Nosodes

## Eastern Medicine

- Acupuncture Meridians and Points
- Auricular Points
- Chakras
- Five Elements
- Major Meridian Disturbances
- Reflexology Evaluation

## Mental, Emotional & Spiritual Issues

- Thought-Feeling Biases – tested via Flower remedies
- Emotional Freedom Technique – social and environmental influences, affirmations and scripts
- Symptom-Emotion Correlation
- Neurotransmitter Signatures
- Psychosomatic Energies
- Religious and Spiritual Values

## Energetic & Resonance Models

- Color Filters
- Crystal Signatures
- Geopathic Stress
- Matter / Energy Disruptions
- Polarity Disturbance
- Radiation Signatures
- Rife Frequencies
- Solfreggio Frequencies

I don't know about you, but mixing acupuncture, chakras and 5-element theory (you've seen the pentagram symbol before) into a library used by a Christian doesn't exude compatibility. Also note that there is no Aleph-Tav module available in the official library, so Tirzah has to use something to get usable data out of the machine. Maybe she programmed her own module (unlikely) or maybe she found someone who made their own. Maybe she just picks what she thinks is the closest representation of what she's trying to achieve. Either way, looking at the library on the website begs the question: Where are these interpretive systems coming from? Why should I trust them?

The machine itself doesn't give anything useful without the bias of these modules and anyone can create their own module for it. There is literally no objectivity in its use. It appears to me that it could take any input and crank out a random answer based on whatever software is driving it. You wouldn't use an MRI or a retinal scanner this way. These types of machines work in one specific way for a specific, narrow set of functions designed to give reliable data. This machine looks like it's trying to be everything to everyone because "everything is energy." Very New Age.

## Judeo-Christian Framing

Notice the Judeo-Christian wording on the Aleph-Tav poster earlier:

- “Hebrew” Electromagnetic “Temple”
- Life Formation “Messengers”

This mirrors New Age systems that rebrand esoteric frameworks using:

- Biblical vocabulary
- Hebrew terminology
- Christian symbolism

This makes the system feel:

- Rooted
- Sacred
- Scriptural
- Less “occult”

Even though structurally it parallels New Age energy mapping systems and draws from Hebrew Roots as its primary inspiration. If you embrace Aleph-Tav you might as well keep the whole Torah Law, because that is the heart of it. If the root is Torah and Christ is the embodiment of Torah, then you have to keep every jot and tittle. Good luck with that. There is therefore no substitutionary sacrifice for your sins. You are relying on the law of the letter.

Even mainstream rabbinic authorities historically warned against:

- Using divine names for power
- Magical manipulation
- Mystical technique outside Torah obedience

Yet in Jewish mysticism:

- Adam contained a primordial spiritual stature embedded with the Divine name.
- Humanity lost spiritual luminosity in the Fall.
- Through obedience and Torah, Israel participates in restoration to that Adamic primordial stature.

So in Kabbalah, humans participate in repairing a predefined cosmic structure, but in the Christian mind, humans submit to divine authority and participate in restoration of souls through God’s sovereign work

by Christ and subsequently through Christians by His Spirit. The juxtaposition is really between a set structure, the Torah, and liberty within the Spirit of Christ.

For clarity, I believe that humanity does participate in restoration, but it is of a spiritual nature, intended for the soul. Ultimately the power comes from the top down as God wills it. I also think there are some who are given the ability to perform supernatural works with the power of God's Spirit. It is a gift, though, not something obtained or discovered through study. This ability is not embedded in creation so that we can overcome the curse God put us under. Remember, we sinned in Adam and Eve. God cursed us to the end of the age. Who are you to try and nullify that? However benevolent people seem to be who practice New Age, being "Christian" or otherwise, they are acting out of rebellion against God's mandated curse that we all have to deal with.

Am I saying is it wrong to seek medical help or natural remedies? No. I think that's one of those consolations God has made to us, to an extent. There is a huge difference between seeing a doctor to find out if there is *acceptable* treatment for what ails you and using a system of divination, claiming it is tied to God. Anyway, wouldn't you rather seek healing from Him first, truly believing He will heal you according to His unfailing love? Maybe you have prayed for healing and haven't gotten it. Have you wondered why? Do you truly believe He will? What is holding you back? Are we so programmed to seek the expertise of another person that we forget we have a *personal* relationship with our Creator? Also, have you considered that maybe He has a purpose for your suffering, like Paul's ailment which he asked God to remove from him? Recall what His response was to the apostle:

"My grace is sufficient for you," and "My power is made perfect in weakness."

One of the reasons Tirzah gave me for her work is that we are bombarding ourselves with WiFi and cellular frequencies in our homes and work places, which is unhealthy. Certainly, the works of our own hands destroys us. I agree with that, but if we are meddling with things we don't understand and harming ourselves in the process why would you think it is a good idea to mess around with energy healing? Do you really think you are going to do better because Hebrew is the foundation of your work? I don't think it's a matter of one being a bad way of using God's creation and the other good.

I'll admit, I don't have all the answers here, but I do know New Age paganism when I see it. Assuredly, even our medical field is inundated with paganism and pharmakeia (translated into *sorcery* in the Bible). Most of our world is. I have asked God many times, where is the line between being "in this world and not of it?" It's a question every Christian has to ask every day of their lives. It is the reason we need His Spirit present in us from breath to breath.

This fallen, physical world is not going to be repaired or restored. It is going to be demolished and re-created (2 Peter 3:12, Isaiah 34:4, Revelation 21:1, Matthew 24:35, Isaiah 65:17, Psalm 102:25-26). Followers of Christ are harvesting souls who will rule and reign with Him in the New Heaven and New

Earth. I don't agree with Kabbalah, partly because it depends on the Torah as a pattern and requirement for this restoration, and some teachings go even further to define a framework for that restoration through a primordial (ontologically ideal) Adam.

Restoration depends completely on the work that Christ has already completed on the cross (He is called the "second Adam" after all). We are just moving into that restoration as we surrender to Him and receive God's Spirit. We are being perfected by Him from glory to glory, working out our salvation in devotion to Him through personal relationship. There is no looking to the patterns in creation for restoration. There is only setting our sights on Christ and heavenly things. It's simple, but it's also the most difficult thing you'll ever commit to in this fallen world.

A Christian Aleph-Tav practitioner will likely tell you they received their inspiration from Christ. How would a sincere Christian justify this? Because He said "I am the Alpha and the Omega?" OK, those are the first and last letters of the Greek alphabet, and the claim is Christ likely spoke in Hebrew and Aramaic primarily, so He probably said, "I am the Aleph and the Tav," which are the first and last letters of the Hebrew alphabet. Practitioners claim that Christ is literally the foundation they are interacting with through these Life Formation Messengers. One might assume they are alluding to angels. I don't seek or pray to angels. I seek and pray to God and to Christ but not in this way.

Somehow, Satan has duped many believers into thinking they are hearing from Christ when they are really hearing from a false christ. We are urged by the apostle Paul to "work out our own salvation with fear and trembling" and to "gird up the loins of our minds" to "prove the perfect and good and acceptable will of God" and like the Bereans, to "search the Scriptures daily to see if these things are so." Even more important than that is forming a personal relationship with Christ, knowing God through His Spirit so we can recognize vain philosophies of men when they come around.

People who embrace kabbalistic and hermetic ideas are looking for a pattern to systematize restoration of the human soul and body, which is conveniently predictable. That means they are looking in the wrong place if they truly want to follow Christ. Patterns, signs, symbols, types and shadows are all meant to point us to Christ as the fulfillment of them, as our substitutionary atonement, not as a blueprint for a stamped template of restoration. I mean, if we are all supposed to mirror the template that Adam was then the world would be full of Adams. We are to mirror Christ, not as some mystical structure or primordial energy, but as our friend, Savior and Lord -- our only influence. He is called the *second* Adam for a reason. He restores what was lost under the curse of sin and death. Torah Law was given "because of transgressions" (Galatians 3:19). Paul said, speaking in first person from Adam's loins, "Once I was alive apart from the law; but when the commandment came, sin sprang to life and I died." Romans 7:12

He said something else worth considering and praying over in this verse (parentheticals added for exposition):

For the law (Torah), having a shadow of the good things to come (pointing to the sacrifice of Christ for our salvation), and not the very image (ikon) of the things (not Christ Himself, who is called the ikon, or image of God), can never with these same sacrifices, which they offer continually year by year, make those who approach perfect. Hebrews 10:1

Did you get that? Christ is not in the Torah in any way other than symbolically and prophetically. The Torah specifically points to the atonement of our sins, which the it could not fix. Torah is a *condescension*, not a method of transcendence. It is a *parable*, not a literal framework. It calls to attention our sinfulness and the futility of our efforts to atone and correct ourselves. It acknowledges the need for an external Savior to be sent by God as an entirely new pattern apart from the first Adam. The first Adam is the old man we are to put down. The “second Adam” is the Man we are to pick up. Of course, this Man existed from the beginning. He is the One Adam walked with before the Fall in sabbath rest.

## The Core Pattern of Energy Mysticism

So let's iterate and expand on some of the things discussed here and nail down the sentiment of the world once and for all. You can usually identify New Age energy systems by this formula:

Hijacking of or the creation of a sacred alphabet or set of symbols translated into:

- archetypes (often translated into numerical or symbolic codes first) applied to...
- body energy nodes communicating a...
- correction protocol by a...
- frequency or energy language for use as a...
- metaphysical healing system

That pattern appears across:

- Chakra healing
- Taoist meridian energy work
- Reiki
- Modern I Ching/Feng Shui and other Far Eastern philosophies
- Bioresonance medicine
- ATB

Different vocabulary and cultural veneer. Same structural architecture. Same core concept.

## The Core Structural Divide Between Jewish and Christian Thought

### Hebrew Roots via Torah-keeping and Jewish Mysticism:

- Restoration is Torah-centered, meaning it is legal, or by the letter – as seen in ATB through the reliance on Hebrew gematria based on Jewish mysticism.
- The first Adam is a cosmic template (as seen in ATB through the presupposition that Adam's genetic makeup was perfect, and we thus can use that as a pattern for better living).
- Humanity participates in tikkun (restoration) through mitzvot (Torah). This too is seen in ATB as participants actively seek restoration of their minds and bodies through the application of Hebrew gematria, which is considered the basis of creation and a pattern we should follow.
- Divine light flows through the sephirot of the body by active participation in Torah. In the case of ATB this light is also considered sound, vibration and energy that flows through our bodies.
- Creation is repaired, not discarded. In ATB we can supposedly use nature from God's creation to help restore that energy flow by interpreting energetic qualities through Hebrew patterns and translating them into diagnoses for repair.

Restoration = alignment with divine structure embedded in creation. This is not Christological mediation. It is covenantal participation in a written, legal sense. When you adopt a religious system based on the structure of letters you are putting God's will in a box that can be participated in through human action rather than building personal relationship with Him, letting Him work through you without limitation. One might claim they are communicating with Christ through Torah, but this is not how Christ works in us.

### Christian framework:

- Restoration is Christ-centered, not Torah-centered.
- The Second Adam accomplishes restoration as a new pattern in a new covenant founded on personal relationship, not systematic participation.
- Participation is in our relational surrender.
- Power flows top-down from God by His Spirit, not through His creation, or Torah. Christ is not literally the Torah nor is God's Spirit active in it other than through conscience directly in communion with God.
- Transformation relies on physical sacrifice and precedes spiritual renewal.

- The current creation is fallen, cursed and temporary. It will be replaced, not restored.

Restoration is union with Christ leading to the transformation of your soul now followed by a future Divine recreation. So accordingly, we must reject restoration through patterns within creation. They are not the mechanisms for restoration. They are allusions to the One who brings restoration.

## The Christological View vs. Adam Kadmon

In Lurianic Kabbalah, Adam Kadmon is:

- A cosmic archetype.
- A metaphysical template of divine emanation.
- The structuring form of creation.

In Christian theology:

- Christ is the Second Adam.
- Restoration is not a return to cosmic template.
- It is union with the Son.

The difference is enormous. One is ontological structure as a path to God. One is relational redemption with God.

## The Concern About Looking to Patterns

I would go so far as to define a boundary:

*There is no looking to the patterns in creation for restoration.*

Now, anyone who knows me knows I am certainly one to dig into the Bible seeking to know God and His plan of salvation more. I've discovered things I don't hear many (or any) Christians talking about. In fact, some things I've learned sound so strange to Christians who don't spend a lot of time studying the Bible that I've even been called heretical once or twice. However, what I believe has been informed by the Bible and by the Spirit, so I'm solid in my stance. I'm open to someone proving me wrong, but so far, so one has really stepped up to the plate with anything of true substance. One thing I am not doing, however, is looking to develop and profit off of a system of self-help that carries religious undertones. I am not creating a system of divination to bring you closer to God's Word. You don't need all that. You already have the Spirit, don't you? That is the whole point of the Bible.

Hermetic and ATB-type systems operate on this assumption:

- Creation is encoded with Divine order.

- Divine order can be mapped.
- Mapping enables correction.

My theology operates on:

- Creation is fallen and corrupt (subjected to futility by man's sin and cursed by God).
- Redemption comes from above not below – not from within creation.
- Systematic maps of the Divine can not save or restore in any meaningful way.
- Christ mediates transformation by God through His Spirit alone.

My position is not a minor disagreement. It's a polar opposite spiritual foundation for faith. ATB attempts to mix what cannot be mixed. You need to choose Christ or this world. Attempting to find restoration in both is the epitome of dichotomy.

## **Early Jewish Mysticism vs. Christian Framework**

Early Jewish mysticism:

- Assumes Torah as eternal covenant.
- Assumes Israel as restoration agent.
- Assumes cosmic repair through obedience.
- Does not anticipate abolition of creation.

The Christian framework:

- Sees Torah as fulfilled in Christ.
- Sees covenant mediated through the Son.
- Sees creation dissolved and remade.
- Sees restoration as eschatological and Christ-centered.

These are not variations of the same system. They are incompatible frameworks.

## **Works-Based Restoration**

From a Christian perspective, Kabbalah is works-based because:

- It relies on mitzvot (Torah).
- It does not center on substitutionary atonement.

- It sees covenant faithfulness as participatory restoration.

From a Jewish perspective, keeping Torah (whether in the Kabbalistic or Orthodox sense) is covenantal faithfulness. Most Jewish people by religion don't generally believe they are "earning salvation," but *they do believe their works prepare the way for what they believe is their messiah* (even though He has already come). That idea is incompatible with Christianity as well.

The distinction I'm making is that ATB is similar to keeping the Torah, because that is where the heart of the system comes from, being inspired by ancient Jewish mysticism. However, ATB, from the Christian side, removes:

- Torah covenant centrality (even though it is implied through the inherent Hebrew letters, which historically depended on Torah as the basis).

It replaces it with:

- Energetic alignment.
- Structural correction.
- Frequency harmonization.

So the ATB system is technically closer to Hermetic cosmology than to rabbinic Judaism, very similar to Kabbalah, and miles away from Christianity because:

- Any system that looks to created structure rather than Christ or as a mediation to Christ is misdirected and undermines His mediation.
- Eschatology is divine replacement, not repair.

## **The Lie of Satan Led to Idolatry**

Just because something works does that mean we should do it? Not all knowledge is obtained from godly sources. Satan comes disguised as an angel of light, and he uses God's creation to trick us into choosing our own intellect over Divine revelation and personal relationship with God. If the works of our own hands (often mentioned aside idolatry in the Bible) has it's root in the act of eating that fruit, then those works are filthy rags to God. Does God let us create our own devices and even bless us in their use sometimes? Yes, but that does not always means He endorses us to create from our own intellect. We are a society obsessed with innovation, and I believe that is the same heart and spirit of Babel. We want to rise above the stars just as Satan did:

You said in your heart: "I will ascend to the heavens; I will raise my throne above the stars of God. I will sit on the mount of assembly, in the far reaches of the north. I will ascend above the tops of the clouds; I will make myself like the Most High." -Isaiah 14:13

All you have to do is look at NASA to see that.

## To the Pure

In the course of a conversation about the works of men's hands, Richard, the owner of Kountry, cited this fragment of a verse to me recently regarding works that men participate in:

"...to the pure all things are pure..." Titus 1:14

He explained it to me in two different ways. The first seemed to be justifying secular works outside of God's direction (this was discussing things like AI, Elon Musk, Nikola Tesla...) It appeared to me he was trying to say these men got their inspiration from God, because all inspiration and intelligence has its source in God, even if men abuse it or don't even know God. He later corrected his statement to place that limitation within the bounds of Christ-centeredness. I applaud that correction, however I think his original statement (as I perceived it) warrants further exploration. It's important to understand the boundaries of our liberty in Christ and how the enemy tries to infiltrate and steer that liberty. Let's read the Titus verse in context and you'll see how one can cherry pick meaning and apply it incorrectly.

For many are rebellious and full of empty talk and deception, especially those of the circumcision, who must be silenced. For the sake of dishonorable gain, they undermine entire households and teach things they should not. As one of their own prophets has said, "Cretans are always liars, evil beasts, lazy gluttons."

This testimony is true. Therefore rebuke them sternly, so that they will be sound in the faith and will pay no attention to Jewish myths or to the commands of men who have rejected the truth. To the pure, all things are pure; but to the defiled and unbelieving, nothing is pure. Indeed, both their minds and their consciences are defiled. They profess to know God, but by their actions they deny Him. They are detestable, disobedient, and unfit for any good deed.  
Titus 1:1

Who are these "pure" that Paul is talking about. Those who are pure in Christ, of course. He is contrasting that with people who are deceived into enforcing the works of men's hands as systems, commandments or requirements from God, i.e., the Judaizers trying to impose the Law and other ascetic spinoffs of Judaism on Christians. That is essentially what ATB asserts, because if you go against this framework you invite disease upon yourself. The way to fix yourself is to align yourself with this system. A Jewish or Messianic ATB practitioner might say it is because Torah is the center of the system. A Christian might say the center of ATB is because Christ due to the Aleph-Tav association with the Word. Either way, it's a form of legalism and divination. The "Jewish myths" Paul is talking about might very well have been related to the ideas behind what became the Sefir Yetzirah and the Kabbalah. These things likely existed in some form before the first documented evidence we have. This is evidenced in Paul's warnings about genealogical favoritism, worshiping angels, ascetic regulations, mystical ascent systems that precurse the Merkabah (based on the chariot in Ezekiel's vision), speculative cosmology, many ideas which were exposed in the Dead Sea Scrolls via the *Songs of the Sabbath Sacrifice* dated to

the 1<sup>st</sup> century BC- 1<sup>st</sup> century AD.

What, then, does “all things” mean? Does that literally mean everything? Not really. It depends on the context and use of the thing, and that is determined by the Spirit, not by legal requirements. Law is for sinners and people who don’t follow the Spirit. That’s why it was given to the Hebrews. Moses followed Christ. This is because the Gospel was preached to him (Hebrews 4:2, Hebrews 11:26, John 5:46, 1 Corinthians 10:4, Galatians 3:8). However, the Hebrews who followed him heard it and didn’t listen. They needed a law, so God gave them one which pointed to the truth, even though their hearts were too hard to hear it.

So I’ll reiterate: *Just because something works, does that mean we should do it?* I’ve talked to several people who claim the Aleph-Tav system works, that it diagnosed and helped cure a health problem they were struggling with. The placebo effect is a real thing. Look, I used to be involved in New Age and the occult and can say that yes, sometimes these things work. So does a broken clock twice a day. It doesn’t mean we should do them. I would not say I merely have serious doubts about ATB. I can faithfully identify it as pharmakeia. Thank God for His indwelling Spirit Who leads us away from unrighteousness and into holiness.

One of my favorite songs is *The Love of God*. The writer of that song understood the deeper things of God as best as a human can I think. Just read the lyrics and consider how they contrast the teachings of Aleph-Tav:

The love of God is greater far than tongue or pen can ever tell.

It goes beyond the highest star and reaches to the lowest hell.

The guilty pair, bowed down with care, God gave His Son to win;

His erring child He reconciled and pardoned from his sin.

O love of God, how rich and pure! How measureless and strong!

It shall forevermore endure—The saints’ and angels’ song.

Could we with ink the ocean fill, and were the skies of parchment made;

Were every stalk on earth a quill, and every man a scribe by trade;

To write the love of God above would drain the ocean dry;

Nor could the scroll contain the whole, though stretched from sky to sky.

That is not Torah. It is not even expressible with language. I’m not sure why anyone with this understanding would seek to box the infinite power of the love of God in with something like Kabbalah or ATB. It seems to me like the ultimate, idolatrous graven image. God already gave us His graven image in the form of His Son. I don’t need a mediator for the Mediator. I’ll go right to the Source, thank you.

Is this “angels’ song” written in Hebrew? Is that the language of the angels? I think you’d have to stretch your legs way out on a limb to make that assertion. I’m personally not that nimble. I remember a saying from my youth that stuck with me all my life:

“It’s good to have an open mind, but not so much that your brains fall out.”

# Pharmakeia

The Greek word φαρμακεία (pharmakeia) comes from:

φάρμακον (pharmakon) — drug, potion, poison

φαρμακεύς (pharmakeus) — sorcerer, poisoner

In classical Greek it could mean:

Use of drugs, poisoning, sorcery through potions, magical arts

Galatians 5 lists it among the “**works of the flesh.**”

Revelation 18:23 associates it with the **deception** of Babylon.

Deuteronomy 18:10 says, “There shall not be found among you... one who practices **divination...** or a sorcerer...” using the Hebrew equivalent of pharmakeia for “sorcerer.”

Isaiah 47:9 says, “...in spite of your many sorceries (רְפָצְוֹתֶיךָ)...” condemning Babylon’s **self-guided morality and pleasure-seeking**, echoing the fall in the garden, and the council it took in astrologers and diviners (**looking to the creation for answers**).

Look, I’m not trying to imply everything secular is evil, but look at the medical industry for example. Most of it is at least inspired by worldly pursuits rather than godly pursuit. Pharmaceuticals often cause more problems than they solve. They get you hooked on one drug after another and soon you become reliant on a mess of potions to keep all your symptoms and systems in check. We can’t control the human body like that. It’s complete overkill in pride to trust that we can. Big Pharma is primarily out to make money off of your trust in them. Look at all the drug commercials and advertisements we are bombarded with on video streaming platforms. There is a potion for everything, just don’t pay attention to all the side effects. Focus on the happy people living their best lives because of their drugs. That’s not only spell-casting, it’s idolatry disguised as humanitarianism.

It is easy to become lured into Humanism, especially when it is gated by humanitarianism as good works. When does it become distracting from God? Does it try to tack God onto something He didn’t endorse? When does it become idolatry? These are things we need to constantly be asking the Spirit that indwells us as Christians. There is a still, small voice that brings you true peace and knowing God’s will. Get to know that voice, God’s voice, and distinguish it from the other voices that try to imitate Him. Sheep know their Master’s voice, right? It’s not always easy, but I believe God is faithful to train us and raise us up from children into sons and daughters of inheritance if we are sincere in our desire for Him. It is my prayer that He will expose His imitators in the lives of His children, but we have to also take some level of responsibility for our walk of faith. Paul commands us, “Work out your own salvation with fear and trembling.”

Luciferianism presents itself as good, being that Lucifer literally means “bringer of light” in Latin. There are many organizations and systems devoted to humanitarian efforts. This often leads straight into

Humanism, which is by definition a belief system, even a religion. It is the worship of humanity, this Earth and the creation over the Creator. It disguises itself well and takes advantage of one of our most vulnerable human traits: The desire for purpose and to do good. Yet we can't do anything good apart from God. We try to define our own peace, our own love, our own morals. We cherry pick and syncretize our own belief systems based on experiences. It is very difficult psychologically to overcome this pattern of behavior. It is the crux of the spiritual war for our souls. That war takes place in your mind, which is the seat of your soul. In Greek, the word for soul is *psyche*. This is a spiritual war that occurs in your mind. It is a battle for your heart through your thoughts and emotions. That is how deception and apostasy take root in the cracks and crevices of your heart.

## **Today if you will hear His voice**

Honestly, brothers and sisters, we shouldn't need historical analysis and long dissertations to recognize pagan, worldly things, but then again Paul wrote 14 books of the Bible trying to keep the churches on track. A large portion of his teachings were aimed at the futility and obsolescence of the Jewish Law. The only time he participated in the Law himself was when it opened the door to spread the Gospel.

No, brethren, the only thing we really need is to seek to grow our relationship with Christ so we can continually grow in our knowledge of the infinite and unknowable God we serve. Hearing His voice cannot be reduced to an alphabet any more than creation can be explained by a Big Bang explosion from nothing. Hearing His voice does take training only because we have many voices clamoring for our attention at every turn. We have influences vying for our favor and submission constantly. Sometimes we just need to turn off the world and focus in on God.

I don't think God ever intended for our works to cause so much confusion that we are overwhelmed by the world. We are pulled by every wind of doctrine and every claim to greatness. We are distracted by every shocking piece of news and every clever meme or funny video we see on social media. We look for answers where there are none. We contrive and spread our biases like a disease, and people latch on to them like a drug.

It's time to come out of Babylon, people of God. It's time to lay down our lives as an acceptable sacrifice to God, as Christ did for our example. He left this world behind long before He died on the cross. His creation is not His focus. It is the goodness of the Spirit in us that He seeks to accumulate from His ministry of reconciliation. As all things gather back to the Son the things of this world that were never from Him, the works of man's hands will be burned as the elements of this world dissolve into nothingness. What matters are the souls He is saving, because where there are prophesies they will cease. The heavens and the earth will be rolled up like an old garment and discarded. We are not to focus on living our best lives now, at least, not as the world defines it, through comfort, prosperity and happiness. We, as Christians, have been given the great challenge to overcome this world by the Spirit of

Christ. Overcoming means not letting this world dictate how you live and think. That would include some code supposedly embedded in creation. Let us cease trying to rise above the stars. Those who lay down their lives to overcome this world will sit with Him on this throne. That's what I look forward to. There is where I will find fulfillment, peace and comfort.

As I lay this appeal before the feet of my brothers and sisters I pray that God will bless you richly with His presence and lead you in His wonderful Way. Amen.